

MS PENGUIN MENU

TWO DELICIOUS SERVINGS IN EACH ITEM

APPETIZERS

CONCH FRITTERS (10-12).....\$20.00
LOBSTER FRITTERS (10-12)\$21.00

CHICKEN

SPICY GINGER CHICKEN.....\$23.00
(Chicken Breast cooked in Wine, Ginger and tomatoes)
CHICKEN SUPREME\$23.00
(Chicken Breast in Creamy Sauce & vegetables)

FISH

PASTA AL SALMONE\$34.90
(Salmon Filet, Farfalle/Fusili Pasta in Creamy Tomato Sauce)
SALMON IN CAPER SAUCE.....\$34.90
(Salmon Filet braised in Creamy Caper Sauce)

MEAT

SHEPHERD'S PIE\$21.90
(Ground Beef Topped with Mashed Potatoes)
QUICHE LORRAINE.....\$19.90
(Traditional Bacon, Ham & Cheese in Pie crust)
LASAGNA BOLOGNESE.....\$24.90
(Ground Beef in Tomato Sauce)

SOUPS

SPICY BLACK BEAN (VEGAN).....\$15.90
(Spicy Black Beans with Garlic and Onions)
CONCH CHOWDER\$19.90
(Ground Conch in Cream & White Wine Sauce)

VEGETARIAN

EGGPLANT PARMIGIANA\$21.90
(Eggplant breaded & fried w/Mozzarella & Parmesan Cheeses)
CAPONATA (VEGAN)\$21.90
(Roasted Eggplant, Red Peppers, Capers & Olives)
MUSHROOM LASAGNA\$24.90
(Mushrooms, Mozzarella in Béchamel Sauce)
VEGETARIAN CHILI (VEGAN)\$21.90
(Black beans, red kidney beans, quinoa and corn in spicy tomato sauce. No Gluten, No Soy, Lactose free)

DESSERTS

CHOCOLATE MOUSSE\$16.90
LIME PIE\$18.90
CHEESECAKE.....\$17.90
TIRAMISU\$19.90
GLUTEN FREE CHOCOLATE CAKE\$19.90

FAMILY SIZE SERVES 6

CHOCOLATE MOUSSE\$26.00
KEY LIME PIE\$30.00
TIRAMISU\$24.00
QUICHE LORRAINE.....\$27.00
MUSHROOM QUICHE\$27.00